



Agenda

7:30 – 8:00 a.m. — **Registration and Networking Buffet Breakfast**

8:00 – 8:15 a.m. — **Welcome and Opening Remarks**

Hon. Iain Black, ICD.D, President and CEO, Greater Vancouver Board of Trade

Mary Anne Davidson, Vice-Chair, Greater Vancouver Board of Trade

8:15 – 8:55 a.m. — **Breakfast Keynote**

Rona Maynard, Mental Health Advocate and Author

8:55 – 9:30 a.m. — **Morning Keynote**

Dr. Andrew Miki, R. Psych, Founder and Chief Executive Officer, Starling Minds Incorporated

9:30 – 10:20 a.m. — **Session 1 — [The importance of investing in employee well-being](#)**

Dr. Robert Boushel, Professor and Director of the School of Kinesiology, UBC

Dr. Monika Slovynec D'Angelo, Ph.D., M.Ed., Director, Health, Conference Board of Canada

Dr. Ian Pike, Director, BC Injury Research and Prevention Unit

Heidi Worthington, Senior Vice President and Chief Operating Officer, Pacific Blue Cross

Moderator: **Bridgitte Anderson, ICD.D**, General Manager, Edelman Vancouver

10:20 – 10:45 a.m. — **Networking Coffee Break**

10:45 – 11:35 a.m. — **Session 2 — [Designing and implementing a health and wellness policy](#)**

Lisa Baker, Human Resources and Wellness Business Leader, Flight Centre Travel Group

José Dino, Director and General Manager, TELUS Employer Solutions

Matt Lievers, Associate Vice President, Group Business, Product and Innovation, Pacific Blue Cross

Dr. Ashley Spetch, Vice-President, Workplace Health and Research, Homewood Health

Moderator: **Bridgitte Anderson, ICD.D**, General Manager, Edelman Vancouver

11:35 a.m. – 12:25 p.m. — **Session 3 — [Staying ahead: A changing workforce and the future of work](#)**

Shiah Bazeley, Senior Director, People and Culture, Vega

Rob Chiarello, Vice President, Human Resources and Chief Privacy Officer, Pacific Blue Cross

Tracy McDonald, Director, Talent & Culture, Left

Zuleika Sgro, Vice President of People, Saje Natural Wellness

Moderator: **Deborah Versteeg**, Director, People and Change, KPMG Vancouver

12:25 – 1:00 p.m. — **Networking Buffet Lunch**

1:00 – 1:35 p.m. — **Lunch Keynote**

Rick Hansen, C.C., O.B.C., Founder and Chief Executive Officer, Rick Hansen Foundation

1:35 – 2:10 p.m. — **Closing Keynote**

Tommy Europe, Award Winning Fitness Coach, TV Host, Grey Cup Champion, Best Selling Author

2:10 – 2:15 p.m. — **Closing Remarks**